



Scottsbluff High School Activities Office

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2020 Middle School Wrestling Protocols

- Temperatures and symptoms must be checked by visiting teams before departing and documented for all team personnel. Temp checks will also be taken at weigh-ins.
- Masks are required for entry to our activities. Fans will be required to wear a mask while in the gym and socially distance between family groups.
- Only two fans per participant are allowed Fan attendance for all indoor youth extracurricular activities is limited to household members of participants only.
- Concessions will not be available at BMS.
- Face coverings are required by coaches when coaching and wrestlers when not in competition.
- Essential personnel will only be allowed on the mats
- Water will NOT be provided. We have bottle filler stations near both gyms.
- Post-match fist bumps will be permitted between wrestlers
- Wrestlers will not shake hands with the opposing coach.
- Only team personnel are allowed on the mat and are required to leave the area as soon as the match is over
- Any individual feeling ill or experiencing symptoms of COVID-19 are advised to not attend
- Hand sanitizer will be available at the scorer's table for officials, game help and coaches.
- We will follow all NSAA Wrestling COVID-19 Rules Modifications and Considerations
- Capacity will be capped at 25%.
- Mats will be cleaned and disinfected routinely.
- Wrestlers must socially distance and mask as much as possible when not competing
- Officials will mask with the whistle under the mask or use an electronic whistle.