

Child's Growth and Learning

Domain: Health and Physical Development

Key Element: Gross Motor Skills

ACTIVITY	OBJECTIVES	MATERIALS
<p>Making and accessing a classroom maze</p>	<p>Student will develop large motor skills to lift and move a variety of sizes of boxes.</p> <p>Student will increase spatial awareness skills through building and maneuvering through a maze.</p> <p>Student will use a variety of motor movements during navigation.</p>	<p>Variety of boxes including: Shoe, cereal, paper, appliance, etc.</p>

Lesson Plan

Teacher will provide a variety of boxes for students to use to create a maze within the classroom. The maze will change with participants over time. Students will be encouraged to work cooperatively to move large boxes and create a “group” maze. Students navigating the maze will be encouraged to think of different movements to use during the process. Examples might include: walking backward, bear walk, crab walk, elephant walk, hopping, crawling.

Guidance/Facilitation/Teacher Behaviors

Teacher will observe process during center exploration in the block area. Teacher will facilitate expansion of gross motor movements.

Procedure/Process/Expected Child Behaviors

Student will use large motor skills and spatial awareness skills to build a maze together and maneuver through the maze.

Extensions

Use of the boxes for constructing dramatic play props such as a spaceship, house, fire station, truck, etc... will be encouraged after the maze is no longer being accessed. Students will be provided markers, crayons, paint, and additional materials to build and decorate their constructions.

Evaluation

Students will become more confident in using large motor skills during this non-intrusive center. Students will problem solve and communicate to work in pairs or small groups to build the maze and access it through a variety of movements.