

## Child's Growth and Learning

**Domain:** Creative Arts

**Key Element:** Movement

ACTIVITY	OBJECTIVES	MATERIALS
Whole group activity of "Pretend and Freeze"	Student will demonstrate a sense of balance and body coordination.  Student will use movement to interpret objects and events.	Open space indoor or outside to facilitate movement.

### Lesson Plan

In a gym, open classroom, or outside, student will use various body movements to model appearances and actions of objects shouted out by the teacher. Teacher will model actions and motions of identified objects and then call, "Freeze". Student will stop motion and pose still in the last expression demonstrated. Student will wait for the next named object to begin motor movement and interpretation.

### Guidance/Facilitation/Teacher Behaviors

Teacher will provide initial naming of objects. Objects may include: melting snow, an animal, tree blowing in the wind, walking in mud, snow falling, door opening, flower growing, washing dishes, a blender, popcorn popping, etc. Teacher will demonstrate along with the students. Teacher will provide time for creative expression and then call "freeze". Teacher will explain the concept of movement, when to begin moving and freezing.

### Procedure/Process/Expected Child Behaviors

Student will use balance and body coordination to try to display actions of a particular object. Student will listen and follow instructions to change movement and to remain still for a short period of intermission.

### Extensions

Teacher may select an "object caller" and turns can be taken by students selecting the next "object caller".

### Evaluation

Students will have fun and engage in movement in a controlled, safe manner using creativity and concepts of objects represented through movement.